

St Benedict Catholic School October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
Corn Dog French Fries Baked Beans Fresh Fruit	Sloppy Joe Ranch Tri Tater Green Beans Mixed Fruit	Baked Drumstick Mashed Potatoes with Gravy Seasoned Peas Pineapple Tidbits Hot Roll	Beef, Cheese Or Pepperoni Pizza Lettuce Salad Sun Chips Cherry Tomatoes Chocolate Chip Cookie Assorted Fresh Fruit	Ham Slice Macaroni & Cheese Green Beans Mandarin Oranges
9-Oct	10-Oct	11-Oct	12-Oct	13-Oct
Taco Burger Tater Tots Corn Sliced Apples	Hot Dog on WB Bun Baked Beans French Fries Peaches	Ham & Turkey on WG Flatbread Sun Chips Carrot Sticks Pineapple Tidbits	Chicken Nuggets Mashed Potatoes with Gravy Corn Biscuit with Jelly Mixed Fruit	Noon Dismissal No Lunch
16-Oct	17-Oct	18-Oct	19-Oct	20-Oct
Chicken Frajita Meat Shredded Cheese WG Tortilla Shell Black Bean Salsa Tomatoes Romaine Lettuce Mandarin Oranges Dried Cranberries	Rib Pattie Corn Mandarin Oranges Strawberries & Banana	Chicken Fried Steak Mashed Potatoes with Gravy Broccoli Whole Grain Roll Peaches Fresh Fruit	Cheese Pizza Lettuce Salad Beans Peaches Additional Fruit	Cheeseburger or Hamburger Whole Grain Bun Romaine Lettuce Tomato, Pickle slices Green Beans Raisins or Orange Half
23-Oct	24-Oct	25-Oct	26-Oct	27-Oct
Chicken Nuggets Beans Coleslaw Applesauce Additional Fruit	Meatballs Whole Grain Roll Marinara Sauce Fresh Spinach Dried Cranberries Mandarin Oranges	Hot Dog on WG Bun Chili Beans French Fries Applesauce Additional Fruit	Tenderloin Whole Grain Bun Tomato, Lettuce Beans Steamed Cauliflower Pineapple Tidbits Additional Fruit	No School
30-Oct	31-Oct	<p>A carton of milk is served with each meal.</p> <p>This institution is an equal opportunity provider and employer.</p> <p>Menu is subject to change due to foods available.</p>		
Cheesy Chicken Bake Green Beans Corn Baby Carrots Apple Wedges Fruit Cocktail	Spaghetti Meat Sauce Fresh Spinach Diced Peaches Additional Fruit			